



THE CAPE TOWN TOUR GUIDE CO.  
CUSTOMIZED AUTHENTIC TOURING  
EST 2001

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UNIVERSITY of TENNESSEE



KNOXVILLE

# University of Tennessee Summer Abroad 2015 Cape Town



**Cape Town**

## 03 July to 08 August 2015

### Day 1 – Friday – Late Evening Arrivals

### Day 2 – Saturday 03 July – Welcome to Cape Town City Orientation and Lions Head Hike

- 07:00 to 10:00 Breakfast is included at the lodge, enjoy at your leisure.
- 11:30 Late start to recover from travelling, meet Godfrey for your city orientation tour.
- Bring walking shoes, a bottle of water and something warm with you as we will be ending the day with a walk up Lions Head.
- 18:30 arrival back at the lodge.
- Evening at leisure.

### Day 3 – Sunday 04 July - Morning at leisure – afternoon briefing for the week and month ahead.

- 07:00 to 10:00 Breakfast is included at the lodge, enjoy at your leisure.
- Balance of morning at leisure.
- 15:30 to 17:00 Meet Clive and Godfrey in the TV Room at the lodge for a briefing. We will discuss the program for the next few days and answer any questions you may have.
- Evening at leisure.

### Day 4 – Monday 05 July – Human Right Commission and Nomonde Day One

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 07:00 to 09:00 Prepare yourself a packed lunch.
- 09:30 departure for our meeting with the Human Rights Commission
- 11:30 Purchasing supplies for the garden project (Bricks).
- 14:00 Introduction to Langa
- 17:00 arrival back at the lodge.
- Evening at leisure or lecture by Dr Sall

### Day 5 – Tuesday – 07 July

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Langa – Nomonde garden project continued.
- Afternoon visit to the SA Museum



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- Evening at leisure or lecture by Dr Sall

**Day 6 – Wednesday – 08 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Langa – Nomonde garden project continued.
- Afternoon visit to the Martin Melck House – Exhibition on the life of Nelson Mandela
- Evening at leisure or lecture by Dr Sall

**Day 7 – Thursday – 09 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Langa – Nomonde garden project continued.
- Afternoon visit to the Slave Lodge Museum
- Evening at leisure or lecture by Dr Sall

**Day 8 – Friday – 10 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Langa – Nomonde garden project continued.
- Afternoon visit to the Castle of Good Hope
- Evening at leisure or lecture by Dr Sall

**Day 9 – Saturday – 11 July**

- 07:00 to 08:00 Breakfast is included at the lodge, enjoy at your leisure.
- 08:15 Depart for Robben Island Ferry
- 09:00 to 13:00 Robben Island Tour
- 13:00 to 14:30 Free Time at the Waterfront
- 14:30 Return to lodge
- 16:00 Movie Screening - Yesterday

**Day 10 – Sunday – 12 July – Day at Leisure**

**Day 11 – Monday – 13 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:30 Morning meeting
- 10:30 Depart for The Department of Social Development
- Afternoon – Painting Vegetable Garden

**Day 12 – Tuesday – 14 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.



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- 09:00 Morning meeting
- 09:30 Depart for Kinderhuis Orphanage
- 10:00 Day at the park – Green Point Park - Games
- 12:30 to 13:30 - Lunch
- 14:30 – Return to Kinderhuis Orphanage
- Table Mountain (Weather permitting)
- Shopping for tomorrows Spa Day + something for the boy

**Day 13 – Wednesday – 15 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Kinderhuis Orphanage
- 10:00 to 12:00 Spa Day at the Kinderhuis Orphanage
- 13:00 Depart for the US Consulate (Bring passports)
- Afternoon US Consulate and SA student orientation program.

**Day 14 – Thursday – 16 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Kinderhuis Orphanage
- 10:00 Day at the beach – Games (Camps Bay or Clifton)
- 12:30 to 13:30 – Lunch (Colchoccios Pizza Camps Bay)
- 14:30 – Return to Kinderhuis Orphanage
- 18:00 Movie – Amandla – Music and the revolution

**Day 15 – Friday – 17 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Kinderhuis Orphanage
- 10:00 Day at the Waterfront - Aquarium
- 12:00 Movie followed by lunch
- 14:30 – Return to Kinderhuis Orphanage
- Shop for knitting needles and wool.
- Evening Lecture TBA

**Day 16 – Saturday – 18 July – Mandela Day**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Mandela Rhodes Place – Mandela Day Knitathon
- Afternoon at leisure

**Day 17 – Sunday – 19 July – Day at Leisure**

**Day 18 – Monday – 20 July**

- 07:00 to 07:15 Breakfast is included at the lodge, enjoy at your leisure.
- Early start, 07:30 depart for Ellerton Primary School
- Morning class visits
- 11:00 depart for Stellenbosch
- 12:00 to 13:00 Lunch in Stellenbosch
- 14:00 Visit Stellenbosch University (45 Victoria Road) Michelle Swart +27 (0)21 -808 2565



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- 16:00 Arrive back at the lodge

**Day 19 – Tuesday – 21 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:20 Depart for Parliament (YOU MUST BE THERE BY 09:40)
- 10:00 to 12:30 Tour of Parliament.
- 12:30 to 14:00 - Lunch
- 14:30 Visit 'Ons Se Plek' (Contribution) (Kara Ascott) Same rules apply as before
- 16:00 Arrive back at the lodge

**Day 20 – Wednesday – 22 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Depart for Cape Point
- Suggested lunch stop: Kalky's
- All day out, back at 17:30

**Day 21 – Thursday – 23 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Langa
- Morning, volunteer at the Langa Community Garden
- Afternoon, paint refund, complete garden

**Day 22 – Friday – 24 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Langa
- Morning, volunteer at the Langa Community Garden
- Afternoon, complete garden, meet the kids

**Day 23 – Saturday – 25 July – Mandela Day**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning meeting
- 09:30 Depart for Langa
- Morning, volunteer at the Langa Community Garden
- Afternoon, complete garden, meet the kids

**Day 24 – Sunday – 26 July – Day at Leisure**

**Day 25 – Monday – 27 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 09:00 Morning Meeting
- 09:30 to 11:00 Cape Town Library
- 11:30 meet the Imam at Claremont Mosque
- 11:30 to 12:30 Mosque visit
- Lunch at Nandos
- Afternoon free

**Day 26 – Tuesday – 28 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.



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- 09:00 Morning meeting
- 09:30 Depart for the Holocaust Centre
- 14:00 Meet Clive at UCT
- 14:00 to 15:00 Tour of UCT

**Day 27 – Wednesday – 29 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- Research Day, research on your own – No bus or facilitator.

**Day 28 – Thursday – 30 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- Research Day, research on your own – No bus or facilitator.

**Day 29 – Friday – 31 July**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- Research Day, research on your own – No bus or facilitator.

**Day 30 – Saturday – 01 August**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- Research Day, research on your own – No bus or facilitator.

**Day 31 – Sunday – 02 August – Day at Leisure**

**Day 32 – Monday – 03 August – Presentations**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 12:00 to 13:00 Clive and Dr Sall meeting
- 14:00 – Student presentations in the tv room

**Day 33 – Tuesday – 04 August – Depart for Stanford (Pack your bags)**

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- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 10:00 Departure for Stanford via the scenic Clarens Drive.
- Stop at Bettys Bay Penguin Colony.
- Lunch in Hermanus (Phone Lana when you leave Hermanus 082 216 4398).
- 15:00 meet with Lana (Rotary Club) in Stanford .
- 16:00 arrive at Mosaic Lodge.
- Please arrange dinner with Mosaic or go into town for dinner.

**Day 34 – Wednesday – 05 August – Stanford Rotary Project – Die Bron School**

- Packed breakfasts, an early start. Please arrange packed breakfasts and lunches for today!
- 06:45 - Depart for Die Bron School.
- 07:30 to 14:00 Volunteer at Die Bron School.
- 14:00 to 16:00 Donate clothes at the Swap Shop.



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- 18:30 Depart for dinner with the Rotary District Governor in Stanford.
- Dr Sall, please prepare a few words for dinner.
- Confirm venue with Lana (082 216 4398)

**Day 35 – Thursday – 06 August – Stanford Rotary Project – Volvertrou Service Centre for Older People**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- No packed lunch necessary, you will eat lunch with the community.
- 10:30 Arrive at Volvertrou Service Centre for Older People, ask Lana for directions 0822164398
- Make lunch and volunteer in the kitchen.
- 15:00 Arrive back at Mosaic Lodge
- Please make your own arrangements for dinner.

**Day 36 – Friday – 07 August – Return to Cape Town**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 11:00 Travel to Hermanus and do the cliff walk to see whales.
- 12:30 Lunch in Hermanus.
- Travel over the mountains back to Cape Town.
- 15:00 Arrive in Cape Town.
- Afternoon/Evening Video Presentations.

**Day 37 – Saturday – 08 August – Depart for Cape Town Airport**

- 07:00 to 09:00 Breakfast is included at the lodge, enjoy at your leisure.
- 10:00 Depart for Cape Town Airport to check in for flight SA334 departing at 13:15
- If anyone's flight details are different; please let Godfrey know so that he can make arrangements to get you to the airport.

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